Delfini Pearls Basics of Evaluating Cross-over Designs

Healthcare Information & Decision Equation: <u>Information → Decision → Action → Outcome</u>

Is the diagnostic test accurate → Is it useful → Is it usable?

Terminology

- "Cross-over" is sometimes used to describe when patients end up in a treatment group other than the group to which they were assigned
- Synonyms: migration; exposure
- Can happen by accident or chance
- A patient or physician choosing to cross-over renders outcomes "observational"
- Cross-over study design is one in which a patient is intentionally assigned to one intervention and then crossed over to another intervention (including placebo)

Critical Appraisal Considerations

- 1. **Randomization** patients are randomized to an intervention sequence needs to vary so all patients are not receiving the same intervention at the same time
- 2. **Blinding** including concealed cross-over points, risk of unblinding due to familiarity with intervention or comparator
- 3. **Timing** including pre-specification of reasonable cross-over points, carry-over effects of intervention or nonintervention elements, disease issues (e.g., considering issues relating to curative potential, disease fluctuations, rebound, seasonal effect, etc.)
- 4. **Results** calculations can be exceedingly complex
- 5. Loss (magnified since patient serves as subject and control)
- 6. Choice versus assignment to crossover choice to cross-over renders outcomes "observational"
- 7. Inappropriate application —
- 8. When an intervention has a lasting effect, such as irreversibility, because of the carry-over effect in the subsequent time period(s)
- 9. Unstable conditions such as rapidly progressing conditions because disease progression creates a confounding effect for the subsequent time period(s)