

*Evidence- and Value-based Solutions for Health Care*  
*Clinical Improvement Consults, Content Development, Training & Seminars, Tools*

**Delfini Group** is a public service entrepreneurship founded to advance applied evidence- and value-based clinical quality improvements and methods through practice, training and facilitation. Much of Delfini's work is dedicated to help solve the little known societal problem of medical misinformation.

**Michael Stuart MD & Sheri Ann Strite** combine academic and practical experience to—

- Train people how to evaluate medical research studies.
- Conduct evidence reviews.
- Help care systems apply evidence- and value-based clinical quality improvement methods including special help for work groups such as guideline teams, pharmacy & therapeutics and medical technology assessment committees.
- Train physicians and others in communicating with patients.

**Mike Stuart MD, President & Medical Director**

- Family physician and clinical faculty at University of Washington
- Former Director of the Department of Clinical Improvement and Education at Group Health Cooperative in Seattle, Washington, where he led development of more than 35 evidence-based clinical guidelines and other clinical improvements, chaired the Pharmacy & Therapeutics and Medical Technology Assessment Committees
- His work has received praise from prominent health care leaders such as David Eddy MD, Don Berwick MD, Health Ministry of New Zealand and the US Navy Bureau of Medicine.

**Sheri Strite, Principal & Managing Partner**

- Initiated many Delfini health care improvement strategies, tools and training programs including their popular critical appraisal training program
- Former Associate Director, Program Development, University of California, San Diego, (UCSD) Family & Preventive Medicine, School of Medicine, where she taught faculty, physicians, residents, and medical and pharmacy students
- Past member of the UCSD Family Medicine Research Leaders and faculty for their Research Fellowship in the Department of Family & Preventive Medicine
- Prior to UCSD, Ms. Strite worked in clinical improvement, education and research at Group Health Cooperative in Seattle, Washington, where she held various positions including leadership and research management and administration.

**Topics** upon which Delfini has written and taught include critical appraisal of medical literature, evidence-based committee processes, health care content development, technology assessment, population-based care, projecting economic and health outcomes, performance measurement, patient decision-making, facilitating provider behavior change, physician/patient communications, developing and implementing clinical guidelines, and creating information, decision and action aids for clinical care.

**The Delfini Mission**



To improve health care quality and use of resources by assisting medical leaders, health care professionals and others interested in and affected by health care decisions by—

- Bringing science into medical practice in an easy-to-understand way.
- Using simplified methods to help navigate the complexities of such areas as evidence-based medicine, clinical improvement and other topics.
- Building competencies and confidence in improving medical care through our consultations, training programs and tools.
- Providing inspiration to others to improve medical care and help bring about needed change.

Also—

- Textbook contributors
- Associate editors, DynaMed
- Pharmacy & therapeutics committee members
- Guest editors, California Pharmacist
- Featured in bestseller, *Overtreated: Why Too Much Medicine is Making Us Sicker and Poorer*, by Shannon Brownlee