



Delfini Group™, LLC

Evidence-based Solutions

Clinical Consults, Medical Education Seminars, Training & Tools



the ebm information quest...
is it true?
is it useful?
is it usable?

Delfini Rx Messaging Scripts™

Information about your elevated cholesterol level...
Your Risk
<p>The best available scientific evidence indicates that you have a risk of approximately 23% for experiencing a heart attack or stroke within 5 years. This means that almost 1 in 4 people like you will have a heart attack or stroke in the next 5 years if you have no treatment for your cholesterol.</p> <p>Your risk can be decreased by taking a statin medication to lower your cholesterol and your risk.</p>
Benefits for Reduced Risk of Heart Attack or Stroke
High quality research studies tell us that out of 100 of patients like you –
23 people will have a heart attack or stroke if they choose no treatment.
16 people will have a heart attack or stroke if they choose to take a statin drug. This means that 7 people will be prevented from having a heart attack.
Risks and Harms
<ul style="list-style-type: none"> ▪ Do not take a statin medication if you are pregnant, nursing or if you might get pregnant while taking the drug because statins may interfere with normal development of a fetus. ▪ If you notice muscle weakness, stop the statin medication and notify you doctor— statins can, on rare occasion, cause muscle injury.
Dosing Information
<p>Before taking any medication, review full prescribing information. Detailed information is available at MEDLINEPlus. www.medlineplus.gov</p>
References:
<ol style="list-style-type: none"> 1. Randomized Trial of cholesterol lowering in 4444 patients with coronary heart disease. The Scandinavian Simvastatin Survival Study. <i>Lancet</i> 1994; 344:1383-89 2. LaRosa JC, He J, Vupputuri S. Effect of statins on risk of coronary disease: a meta-analysis of randomized controlled trials. <i>JAMA</i> 1999;282:2340–2346.
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